

Description

Breaking Free - Student Set

Transform Lives with Faith: A Comprehensive Guide to Overcoming Addiction

Are you ready to embark on a journey of healing and renewal through the power of faith in Christ? *Breaking Free - Student Set* is a life-changing curriculum that blends biblical insights with practical strategies to help individuals overcome addiction and build a new, Christ-centered life.

A Pathway to Recovery and Hope

Breaking Free isn't just another study series—it's a transformative experience designed to guide individuals from the grip of addiction to a life filled with hope and purpose. Whether you're leading a recovery ministry, counseling others, or seeking personal healing, this curriculum offers the tools you need to navigate the complexities of addiction through a faith-based lens.

Comprehensive and Faith-Centered

This six-part study set covers every critical aspect of the recovery journey:

- **Exposing the Nature of Addiction:** Gain a deep understanding of the roots of dependency and lay the groundwork for lasting change.
- **Confronting Toxic Denial:** Empower individuals to face their struggles with honesty, courage, and faith.
- **Understanding Grief & Addiction:** Learn to process loss while building emotional resilience through Christ.
- **Ending the Addictive Cycle:** Discover effective strategies to break free from destructive patterns and find true freedom in God.
- **Building a New Legacy:** Inspire a vision for a future filled with promise, purpose, and God's guidance.
- **Establishing a New Normal:** Create sustainable habits and a fulfilling life post-addiction, rooted in faith.

Ideal for Group and Individual Study

Breaking Free thrives in a variety of settings—from Sunday schools and small groups to personal study. It fosters a supportive community where participants can share their journeys, reflect on biblical truths, and encourage one another in their walk towards

recovery. Facilitators will find this curriculum to be an enriching resource that empowers them to lead with compassion, wisdom, and a deep understanding of the challenges faced by those in recovery.

Why Choose Breaking Free?

- **Faith-Based Foundation:** Grounded in biblical principles, making it deeply relevant for those seeking spiritual and emotional healing.
- **Holistic Approach:** Addresses both emotional, social, mental, physical, and spiritual dimensions of addiction, offering comprehensive support for lasting recovery.
- **Community-Driven:** Perfect for group settings, promoting discussion, reflection, and mutual support within a faith-based context.

Join countless others who have experienced the hope and renewal presented in *Breaking Free*. This student set is more than just a collection of studies—it's a roadmap to recovery and a new life in Christ. Take the first step towards transformation today and see the power of faith and community in overcoming addiction.